

Including Ham Radio Fun!

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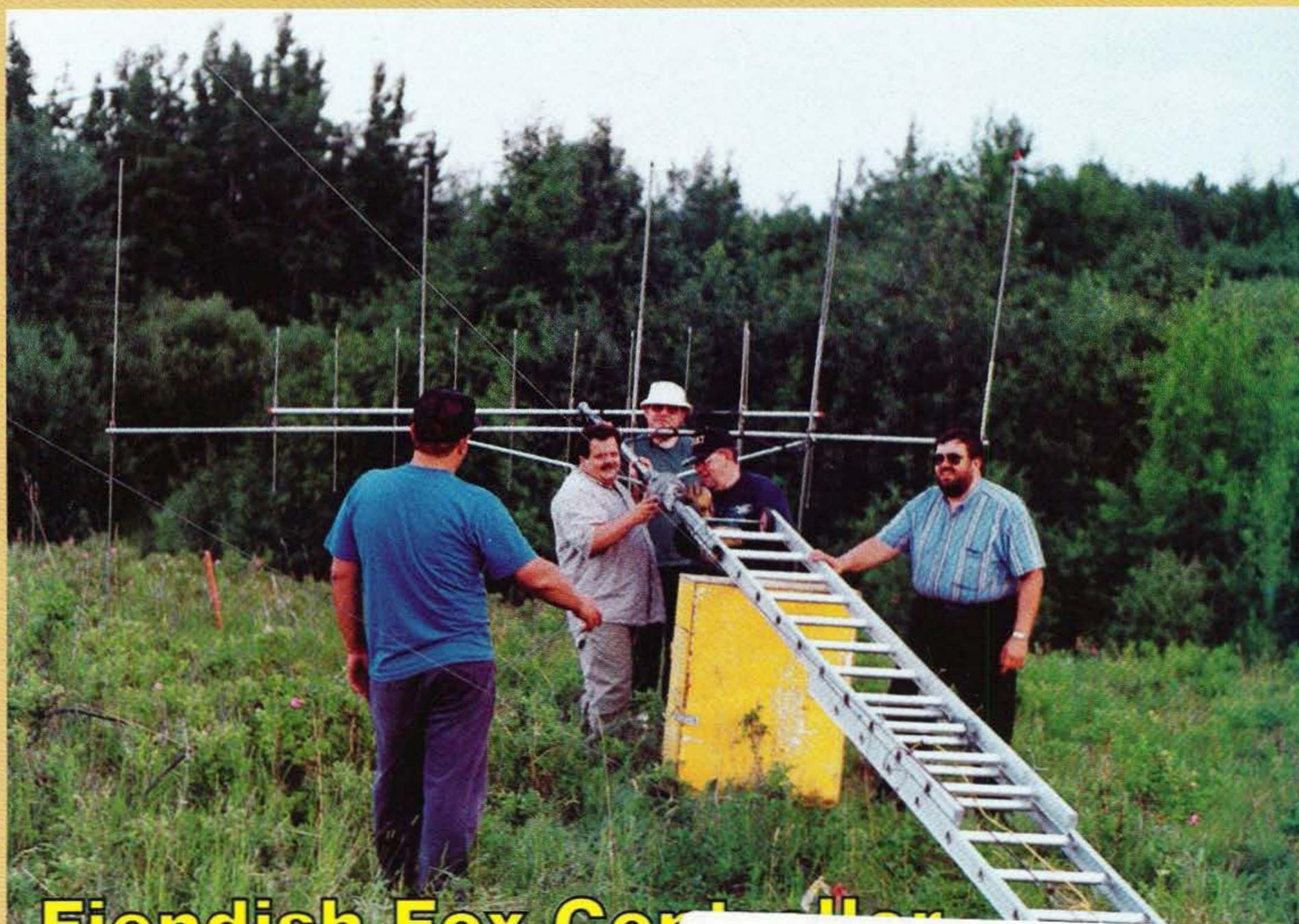
QRP: Low Power Fun!

QRP Antenna Tuner

QRP Wattmeter

QRP Multi-Band Dipole

QRP Field Day



Fiendish Fox Controller

Have Fun With R



NEVER SAY DIE

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most of these things, and that the results can be all kinds of lingering illnesses.

On the bright side, the book explains how simple it is to find out what you are allergic to so you can avoid that allergen. It's merely a matter of counting your pulse rate after eating or exposure to different substances. With foods, you can isolate

for epilepsy which one determined doctor has kept going at Johns Hopkins Hospital, but which otherwise would have been lost. I keep finding out about more and more buried medical treasures like these. But then the medical industry is in the hands of a few pharmaceutical companies, the music industry is totally under control of seven international music companies, and so it goes, with us paying the tab while we sit here

"An AMA report showed that doctors live an average of 58 years, while the rest of us manage to live an average of 75 years."

which are treated as hostile by your body just by checking your pulse several times after eating. Well, get the book.

Yes, I'm selling my list of recommended books for \$5. If I were selling the books, it would be a free catalog. But the list is the result of a lifetime of reading and the revenue from it goes for photocopying, folding, assembling, addressing and mailing it, plus money to buy more books. So far this month I've bought 17 more books, most of them on the recommendation of readers as books I really ought to read.

Getting back to allergies, a recent TV documentary introduced me to Dr. Doris Rapp, who explained that many of the behavior problems kids have stem from allergies. Like hyperactivity, attention deficit disorder, dyslexia, poor grades, fatigue, personality changes, poor concentration, depression, and so on. I probably should put her book, *The Impossible Child*, 161p, \$11, ISBN 0-9616318-1-3, on my list, particularly for parents—though people of all ages can have these same reactions to allergens.

My hay fever hit not long after childhood immunization shots. I had the usual scratch tests, where I was found allergic to dogs and cats, a few foods such as cheese, trees, grasses, and most pollens. Dr. Coca's book explains that the scratch test misses many allergens and that the pulse test is much more reliable. It's also one heck of a lot easier and cheaper. Which probably explains why few doctors are aware of the test, even though it's been around for over 40 years.

Apropos that, I've already mentioned the inexpensive cure

watching ball games and drinking beer.

Those Pesky UFOs

I see where the Pentagon has managed to produce a five-pound book whitewashing the "Roswell incident" of almost 50 years ago. News flash: It *still* was a weather balloon. Sure. But if you've read anything about it or seen any of the several exposé TV shows on the subject you'll know the Pentagon is again handing out baloney.

Oh, I agree there are a lot of crackpots involved with UFOs. But then, there are a lot of crackpots involved with anything arguable. In general, crackpots are people who have not bothered to do their homework, but have not let that interfere with them having strongly held opinions. Or, on a more practical level, a crackpot is someone who strongly disagrees with you on some subject, whether you have any real basis for your beliefs or not.

Is Strieber, who wrote *Communion*, and more recently, *Breakthrough*, a crackpot? His story of his many contacts with the alien visitors is fascinating and makes sense. Are the millions of people who have reported seeing UFOs all crackpots? How about the thousands of contactees with stories similar to Strieber's?

A reader says he's been able to photograph UFOs reliably by using a building or something to block out the sun so he could take pictures of the sun's corona. He says the UFOs are coming and going from the direction of the sun and thus aren't easily seen. He described 15 different types of UFOs he spotted in just a two-day vigil.

So if there are aliens visiting us, why aren't they open about saying hello? I suspect it's because they are on scientific expeditions, not military, and they've been doing this for a long time—possibly for thousands of years. I don't think you'll disagree with me that we have not progressed socially to the point that it's safe to mess with us. The hints of their technology tell us that our visitors are far ahead of us, so what possible benefit would it be for them to do more than unobtrusively observe us? If we could go back and visit Earth the way it was a million years ago, would we land and say, "Take me to your leader?"

Well, you're interested in communication. Our visitors aren't using radio, which makes sense to me, so how are they communicating?

I Haven't Got Time

A friend called. When he mentioned having been sick, I naturally suggested he get some books on health and take some responsibility for his body. He said he didn't have any time to read. I don't either, but knowing how important it is to my goals in life (like living as long as I can so I can accomplish my other goals), I *make* the time.

Books, such as those that are on my \$5 "books you're crazy if you don't read" list, can help extend your life on to 100 or so. For me that's another 25 years to learn and teach.

Like most other people, I was inculcated by our school system to believe that school and college were the main ways to

and missed college. He went to New York Military Academy and from there into the Army as an officer. That got him into aviation with the Army Air Corps. But he always felt the lack of a college degree, even when he was busy starting new airlines. He started three of 'em, including the first trans-Atlantic airline.

In just a few weeks of reading you can become an expert on almost any aspect of electronics. But, like exercise to build strength, you do have to tackle the job conscientiously.

I keep bringing up health because you're not going to be able to do much if you're heading for a heart attack or cancer, like over half of your friends. That road is for the ignorant. Ditto all of the chronic illnesses, including diabetes, arthritis, and so on.

You can give me a hand with this. Every time you buy an electronics or radio book, please read it carefully and then send me a book report for possible publication in 73. If it's a bad book, the review will help spur the publishers to do better. If it's a good review, I want to know so I can read the book, and so do the other 73 readers. It'll also help sell a bunch of books, and that too will encourage the publishers to do better and stop publishing junk and textbook-type boring stuff.

Amateur radio can once again be worth its salt if I can get you to take advantage of the many opportunities for pioneering. But to do that you have to start by learning all you can. Will it be a ham who develops and pioneers digital communications? We did

"Reading books, such as those that are on my 'books you're crazy if you don't read' list, can help extend your life on to 100 or so."

learn. Experience has taught me the long, hard, expensive way, that you can learn more with a good book in a few hours than you can in college in a few weeks. You don't have to go to a class to learn about radio and electronics, all you need to do is read some books and you'll soon know more than most of the teachers. We're so brainwashed that few people ever even think to question the value of college. My folks never did. Heck, my father came along at WWI time

that with FM, NFM, slow-scan, and sideband. But so far we're sadly behind when it comes to digital voice systems using data compacting algorithms.

I'm reading every club newsletter I get, looking for any signs of hams doing anything more than having fun with a hobby. I see no signs. That's why I get so nervous and critical when I read about the ARRL getting pushy with the FCC over one thing after the other. It just doesn't pay to give the boss a hotfoot. 73